

I live in the present and enjoy each moment



This is the day which the Lord has
brought about; we will rejoice and be glad in it.

Psalm 118:24



KEYS TO ENJOYING
THE PRESENT
MOMENT.

- Give myself to what I am doing
- Become childlike in my approach to God
- Enjoy people
- Enjoy a balanced life
- Let go of the past
- Choose my battles
- Realize that I cannot meet everyone's expectations
- Don't wait to enjoy myself

English Standard Version	Amplified
<i>These things I have spoken to you, that my joy may be in you, and that your joy may be full.</i>	<i>I have told you these things that My joy and delight maybe in you, and that your joy and gladness may be of full measure and complete and overflowing</i> <i>John 15:11</i>
<i>I came that they may have life and have it abundantly.</i>	<i>I came that they may have and enjoy life, and have it in abundance (to the full, till it overflows)</i> <i>John 10:10</i>

And in the end, it's not the years in your life that count. It's the life in your years. ~Abraham Lincoln